

Proposal For Tackling The Problem Of Bullying In Schools

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Dear Principal,

Proposal for stamping out the problem of bullying in the school

School is a place where children learn how to behave properly. Unfortunately, students in our school are suffering from serious problem of bullying.

I would like to illustrate the seriousness of this problem with one of the cases of bullying I witnessed. There is a boy in my class who is very quiet. He is thin and never chats with other classmates, so he is usually teased by others. Once, at recess, I saw three classmates hitting him inside the classroom. Those bullies hit his leg and stomach and said a lot of dirty words to him. Later, two more classmates joined the fight. When the bell rang, they stopped and ran away.

It is quite often that some students try to manipulate others by the use of violence and force and they enjoy doing so. Being a witness to a few serious cases of bullying in my class, I would like to share my opinions and suggest ways of dealing with the problem.

In fact, students bully others for several reasons. First, they want to act as superiors to others. The majority of the bullies are teenagers at the age of puberty and they are impulsive. They want to show that they are strong and superior in front of other classmates. Bullying seems to be a good method of showing their physical strength. When they successfully bully others, they have a sense of success and think that they are powerful. Some of them even do not see it as bullying, but a fighting game which they really enjoy.

Besides, most of the bullies are lonely at home. Their parents do not care about them. They have no extra-curricular activities to take part in and have nothing to do. The bullies feel satisfied when they bully others. Also, most of them do not know how to express their anger properly. When frustration comes, the bullies express their discontent by using violence and force on other classmates.

To fight against bullying, our school can hold some education programmes to stop the spread of bullying.

First, the school should help the teachers to know more about bullying.

Workshops and seminars can be held to share their experiences and discuss what bullying in schools is. Teachers should be familiar with the nature of bullying and know the best way to deal with the problem. Once bullying is found in school, teachers are expected to talk with students about the problem and help them to solve it.

Secondly, moral education is needed. During the moral education lessons, social skills training should be involved. Students are taught to be assertive but not aggressive. They should also develop a sense of sympathy and learn how to control their temper. Special care is given to students who are potential targets of bullies. More activities should be introduced to this kind of students to help them develop a healthy social life. Students should also be encouraged to seek help if they are bullied. Class teachers should also be responsible for monitoring students' behaviours during recesses to prevent bullying from happening. Those who bully others must be punished if discovered.

Finally, both the school and parents should cooperate with each other. Parents should put more time on taking care of their children and improving their relationship. When parents discover their children are bullied by others or engages in bullying others, they should report to the school immediately. With the effort of both sides, the bullying problem will be successfully tackled.

Teacher's Feedback : The organization of the essay is good and the ideas are closely cohered. (Miss Lui Hoi Yee)

Food For Thought : What are the possible outcomes of the solutions you suggested and your own expectation?

