

The Benefits Of Sports And The Dangers Of Drugs

6B Steven Yeung

Sport is a very popular activity around the world. Many people like sport as it is a healthy activity for people to take. Moreover, some people regard it as their career because they can earn much money as long as they win the competitions. Thus, they put a lot of effort on sport. Athletes have to train themselves frequently so as to win a competition, and become a champion. However, some of them take drugs to enhance their power in the competition, which is barely ethical.

There is no doubt that drugs can make you stronger and makes it easier for one to win. As we know, when you want to run faster, drugs can help you achieve this. According to some medical studies, they point out that such medicines can strengthen your muscles and exhibit your limiting power in a short period of time. Then, you can win the competition easily compared with other athletes. We have read much news about athletes taking drugs and it totally destroys the highest virtue of sports.

Nevertheless, taking drugs is not a good and correct choice, because drugs are banned and will harm your body. The drugs which the athletes take are not allowed during competitions. When it is discovered that you have taken drugs, you will undoubtedly be disqualified. So, it is dangerous to take drugs and it is also very easy to be detected. In addition, you will be very tired after the drugs are taken. If you take drugs constantly for a long time, your body will be severely damaged.

Taking drugs is also a violation of sportsmanship as it is unfair to other athletes. Other athletes have put tremendous efforts on training in order to get a good performance in the competition. It is absolutely shameful for one who takes drugs in order to win.

Generally speaking, drugs taking should not be a part of sports. It should not be allowed in any competition. We should educate the athletes what sportsmanship is. Unless we do something to prevent drugs taking, the battle against it won't be won. The cases of drugs taking will appear over and over again.

Name Vicke Ka

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Teachers' Feedback : Unfortunately the number of such violations have escalated as the pressure that professional sports people face becomes greater. You explain your reasons for taking a tough stance on drugs clearly and persuasively. (Mr. Elvin Tao & Miss Ruth Wong)

Food For Thought : Will it be an appropriate idea if some statistical figures are to be put in some paragraphs in order to support the writer's view? How can the Government and citizens work together to improve the image of Hong Kong?

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Subject U. E.

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Session

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