

A World Champion Racing Cyclist

5B Josephine Lau

Wong Kam Po is a successful Hong Kong cyclist. However, Wong's journey to success has not been easy.

Wong Kam Po decided to join the Hong Kong Cycling Team when he was 17 years old. He won his first race in the Asian Junior Cycling Championships a year later. However, at the same time, he was facing many difficulties.

In 1992, he lost the opportunity to join the Olympics in Barcelona because he fought with his team mate. This was a major test in his career. Fortunately, Wong met a significant person, Shen Jiang-Kong, the Chinese national team coach. Shen helped Wong a lot by giving him special and intensive training. After a hardworking period, Wong joined the team again and began an even more successful career. From then on, Wong, with his determination and hard work, proved that he was a great cyclist. He won gold medals in the National Games of the People's Republic of China and the Asian Games. Despite his busy schedule, Wong never showed any hesitation when he was asked to help promote cycling safety. Recently, he appeared in a cycling safety TV advert arranged by the Transport Department and Road Safety Council. With his responsible and healthy image, Wong is definitely a role model for teenagers to learn from.

One of Wong's future goals is to participate in the London 2012 Olympic Games. Apart from aiming at further medals, encouraging young athletes has also become one of Wong's tasks. Wong never hesitates to share his valuable experiences with young athletes. Apart from giving them professional advice on how to face various competitions, he also cares about their psychological health. I think Wong is a respectable person who is generous and kind. He always encourages young people by quoting his motto "A cyclist's achievement is proportional to his or her commitment and sacrifice towards cycling". To Wong, devotion and hard work are essential in any competition.

<p>Teacher's Feedback: You've given a comprehensive description of Wong Kam Po's career. A piece of well organized writing. (Miss Chung See Wai)</p>
