

My Favourite Sport

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My favourite sport is badminton because playing badminton is very exciting. When I feel stressed, I enjoy playing badminton and feel relaxed.

I play badminton twice a week. I play it with my close friends on Saturday and Sunday. They are all very good at playing badminton. Sometimes, my parents will come to play with us. They are very skillful too.

Playing badminton is good for your health and keeping fit. Therefore, I will keep on playing it. I hope you will come and join us!

Teacher's Feedback: This essay is organized and fluent. Playing badminton is a very healthy sport, so it is worth spending time on it. (Miss Melody Lai)

Food For Thought: What's your favourite sport? If you don't have one, find one.